

# Good Morning

Additional Fees: Taxes | Delivery | Allergies / Food Restrictions

Minimum Purchase of 4 Boxes

## Breakfast from the Market

Served in biodegradable and compostable tray by BIOGO | Biodegradable utensils and napkin



### No. 1 Bonsecours | 21.95

**1 Choice of everything bagel among 3 options:**

- Smoked salmon and cream cheese
- Ham and cheese
- BLT | Bacon, lettuce and tomato

Orange flavoured financier | Gluten free, lactose free

Piece of cheese grapes and crispbread | 50 g

Fresh fruit salad



### No. 2 Jean-Talon | 17.95

**2 Choices of pastries among 3 options:**

- Croissant, chocolatine, danish

**1 Choice of verrine:**

- Vanilla yogurt, granola and fresh fruit parfait
- Cottage cheese, fruits and honey

Fresh fruit salad

Jam and butter



### No. 3 Maisonneuve | 15.95

**2 Choices of pastries among 3 options:**

- Croissant, chocolatine, danish

Piece of cheese grapes and crispbread | 50 g

Fresh fruit salad

Jam and butter



### No. 4 Mont-Royal | 13.95

**2 Choices of pastries among 3 options:**

- Croissant, chocolatine, danoise

Mini muffin, cheese and fruit skewer

Yogurt (flavour of the day)

Jam and butter



Gluten Free & Lactose Free

### No. 5 Saint-Louis | 20.95

2 Hard boiled eggs with raw vegetables

Gluten free and lactose free muffin (flavour of the day) with jam

Gluten free and lactose free orange flavoured financier

Fresh fruit salad



Gluten Free & Lactose Free

### No. 6 Papineau | 18.95

Gluten free and lactose free muffin (flavour of the day) with jam

Gluten free and lactose free orange flavoured financier

Piece of lactose free cheese grapes | 50 g

Fresh fruit salad



Vegan | No Animal Products

### No. 7 Atwater | 21.95

2 Vegan muffins (flavour of the day) with jam

Coconut milk, chia, ganola and fresh fruit parfait

Fresh fruit salad

Jam

Minimum Purchase of 5 Per Selection | 75.00 min.

Served on porcelaine or biodegradable compostable platters | Additional fees for serving utensils

## Breakfast à la Carte

### Fruits & Yogurt

2.75 Fresh fruit skewer | Pineapple, melon, strawberry

5.50 Fresh fruit platter peeled and sliced | 1 portion

5.50 Fresh fruit salad | 1 portion

4.95 Cottage cheese, fruits and honey verrine

4.95 Cottage cheese, tomato basil verrine

4.95 Coconut milk, chia, granola and fresh fruit parfait | Vegan

4.95 Vanilla yogurt, granola and fresh fruit parfait

2.50 Yogurt 100 g.

### Eggs

3.75 Spinach, tomato and feta

1.50 Hard boiled eggs | 6 units minimum

### Half Everything Bagel

6.00 BLT | Bacon, lettuce and tomato

6.00 Ham and cheese

6.00 Smoked salmon and cream cheese

### Croissant

10.50 Ham & Cheese Croissant | Ham, emmental cheese, lettuce, pickles and café de Paris butter

13.50 Smoked Salmon Croissant | Smoked salmon, herb cheese, lemon capers, pickled onions and arugula

### Québec Cheese

6.75 Pieces of cheese, fresh grapes and crispbread | 50 g.

### Pastries

2.75 Chocolatine | Croissant | Danish

1.25 Mini muffin | Chef's choice

2.75 Slice of sweet bread | Chef's choice

2.75 Orange flavored financier | Gluten free, lactose free

2.75 Muffin | Chef's choice | Gluten free, lactose free

3.00 Muffin | Chef's choice | Vegan

3.00 Cookies | Oats, cranberries and orange | Oats and raisins | Chocolate and pecans

3.75 Mini-crêpes and fruits with caramel on skewer

3.75 Mini-muffin with cheese and fruit on skewer

2.00 Jam & butter

Minimum Purchase of 8 Per Selection

Served on porcelaine or biodegradable compostable platters | Additional fees for serving utensils and chaffers

## Breakfast Served Hot

### Proteins

3.95 Chicken breakfast sausages | 2 units

3.95 Bacon | 2 slices

3.95 Ham | 2 slices

5.00 Scrambled eggs | 2 units

3.50 Sauteed diced potatoes | 1 portion

3.50 Waffle with maple syrup | 1 unit

3.50 Thin crêpe with maple syrup | 1 unit

## Beverages

Assortments | 3.00 per unit

V-8 | Vegetable cocktail

Oasis juice | Apple, cranberry, orange

Pepsi | Coke | 7 Up | Ginger Ale | Regular & diet

Fuze | Ice tea | 355 ml

Kando water | Canned Spring water | 355 ml

Bubly sparkling water-flavoured | 355 ml

Perrier sparkling water | 330 ml

6.25 Perrier sparkling water | 750 ml

5.25 Spring water | 1.5 L

Coffee Thermos | Regular

Includes: Milk, cream, sugar, compostable cups, wooden coffee sticks

228.95 Coffe thermos | 10 cups

60.95 Coffe thermos | 24 cups

113.95 Coffe thermos | 50 cups

37.95 Compostable coffee thermos | 12 cups

Hot Water Thermos & Tea

2.75 Tea assortment

Includes: Milk, sugar, compostable cups, wooden coffee sticks

7.50 Hot water thermos | 10 cups

10.00 Hot water thermos | 24 cups

36.35 Compostable hot water thermos | 12 cups

Includes: 12 tea bags, milk, sugar, compostable cups, wooden coffee sticks