

Additional Fees: Taxes | Delivery | Allergies / Food Restrictions
Served in biodegradable and compostable tray by BIOGO | Biodegradable ustensils and napkin

Achat minimum de 4 boîtes au choix
Breakfast from the Market



No. 1 Bonsecours | 21.95
1 Choice of everything bagel among 3 options:
• Smoked salmon and cream cheese
• Ham and cheese
• BLT | Bacon, lettuce and tomato
Orange flavoured financier | Gluten free, lactose free
Piece of cheese grapes and crispbread | 50 g
Fresh fruit salad



No. 2 Jean-Talon | 17.95
2 Choices of pastries among 3 options:
• Croissant, chocolatine, danish
1 Choice of verrine:
• Vanilla yogurt, granola and fresh fruit parfait
• Cottage cheese, fruits and honey
Fresh fruit salad
Jam and butter



No. 3 Maisonneuve | 15.95
2 Choices of pastries among 3 options:
• Croissant, chocolatine, danish
Piece of cheese grapes and crispbread | 50 g
Fresh fruit salad
Jam and butter



No. 4 Mont-Royal | 13.95
2 Choices of pastries among 3 options:
• Croissant, chocolatine, danoise
Mini muffin, cheese and fruit skewer
Yogurt (flavour of the day)
Jam and butter



Gluten Free & Lactose Free
No. 5 Saint-Louis | 20.95
2 Hard boiled eggs with raw vegetables
Gluten & lactose free muffin (flavour of the day) with jam
Gluten & lactose free orange flavoured financier
Fresh fruit salad



Gluten Free & Lactose Free
No. 6 Papineau | 18.95
Gluten & lactose free muffin (flavour of the day) with jam
Gluten & lactose free orange flavoured financier
Piece of lactose free cheese grapes | 50 g
Fresh fruit salad



Vegan | No Animal Products
No. 7 Atwater | 21.95
2 Vegan muffins (flavour of the day) with jam
Coconut milk, chia , ganola and fresh fruit parfait
Fresh fruit salad

Minimum Purchase of 5 Per Selection | 75\$ Min.
Breakfast à la carte
Served on porcelaine or biodegradable compostable platters | Additional fees for serving utensils

Fruits & Yogurt

- 2.75 Fresh fruit skewer | Pineapple, melon, strawberry
- 5.50 Fresh fruit platter peeled and sliced | 1 portion
- 5.50 Fresh fruit salad | 1 portion
- 4.95 Cottage cheese, fruits and honey verrine
- 4.95 Cottage cheese, tomato basil verrine
- 4.95 Coconut milk, chia, granola and fresh fruit parfait | Vegan
- 4.95 Vanilla yogurt, granola and fresh fruit parfait
- 2.50 Yogurt 100 g.

Eggs

- 3.75 Spinach, tomato and feta
- 1.50 Hard boiled eggs | 6 units minimum

Half Everything Bagel

- 6.00 BLT | Bacon, lettuce and tomato
- 6.00 Ham and cheese
- 6.00 Smoked salmon and cream cheese

Croissant

- 10.50 Ham & Cheese Croissant | Ham, emmental cheese, lettuce, pickles and café de Paris butter
- 13.50 Smoked Salmon Croissant | Smoked salmon, herb cheese, lemon capers, pickled onions and arugula

Québec Cheese

- 6.75 Pieces of cheese, fresh grapes and crispbread | 50 g.

Pastries

- 2.75 Chocolatine | Croissant | Danish
- 1.25 Mini muffin | Chef's choice
- 2.75 Slice of sweet bread | Chef's choice
- 2.75 Orange flavored financier | Gluten free, lactose free
- 2.75 Muffin | Chef's choice | Gluten free, lactose free
- 3.00 Muffin | Chef's choice | Vegan
- 3.00 Cookies | Oats, cranberries and orange | Oats and raisins | Chocolate and pecans
- 3.75 Mini-crêpes and fruits with caramel on skewer
- 3.75 Mini-muffin with cheese and fruit on skewer
- 2.00 Jam & butter

Minimum Purchase of 8 Per Selection | 75\$ Min.
Breakfast Served Hot

Additional fees for serving utensils and chaffers

Proteins

- 3.95 Chicken breakfast sausages | 2 units
- 3.95 Bacon | 2 slices
- 3.95 Ham | 2 slices
- 5.00 Scrambled eggs | 2 units
- 3.50 Sauteed diced potatoes | 1 portion
- 3.50 Waffle with maple syrup | 1 unit
- 3.50 Thin crêpe with maple syrup | 1 unit

Beverages | 3.00 per unit

- V-8 | Vegetable cocktail
- Oasis juice | Apple, cranberry, orange
- Pepsi | Coke | 7 Up | Ginger Ale | Regular & diet
- Fuze | Ice tea | 355 ml
- Kando water | Canned Spring water | 355 ml
- Bubly sparkling water-flavoured | 355 ml
- Perrier sparkling water | 330 ml
- 6.25 Perrier sparkling water | 750 ml
- 5.25 Spring water | 1.5 L

Coffee Thermos | Regular

Includes: Milk, cream, sugar, compostable cups, wooden coffee sticks

- 28.95 Coffe thermos | 10 cups
- 60.95 Coffe thermos | 24 cups
- 113.95 Coffe thermos | 50 cups
- 37.95 Compostable coffee thermos | 12 cups

Hot Water Thermos & Tea

- 2.75 Tea assortment Including: milk, sugar, compostable cups, wooden coffee sticks
- 7.50 Hot water thermos | 10 cups
- 10.00 Hot water thermos | 24 cups
- 36.35 Compostable hot water thermos | 12 cups
Includes: 12 tea bags, milk, sugar, compostable cups, wooden coffee sticks